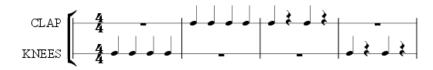
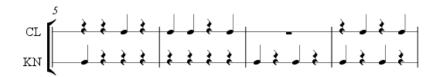


Body Rhythms No. 1 (Clap and Knees)







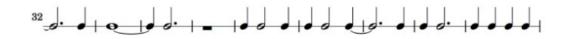














In the blank space below, create your own rhythm. Write it in 4/4 time. Under your rhythm, please write in the counts. Here is what is must contain:

4 bars with barlines

at least 1 tied note

at least 1 dotted note

at least 4 sixteenth notes

at least a quarter, eighth, half,

Only one whole note

NO rests